29 SEPTEMBER 2023

# INFORMATION PACK







# WALK

Walk from Hilton Adelaide to Mt Lofty Summit and onto the Woodhouse Activity Centre. This walk is approximately 20km and will take you through suburbia and up through the Adelaide Hills. You will be lead by an Operation Flinders Team Leader who usually navigates harsh terrain in the northern Flinders Ranges. The walk will take approximately 7-8 hours.

#### EXPERIENCE

During your walk toward the Summit you will stop at designated locations where you will experience an Operation Flinders activity. Learn about the Foundation and see for yourself some of the experiences the young people of our program have.

Once you arrive at Woodhouse, you will have the opportunity to hear from our guest speakers and settle in for a well deserved meal.

# FUNDRAISE

Most importantly, fundraise! During your trek, choose to add some additional weight - 15kg, 20kg to challenge yourself and seek additional donations!



### **EVENT OVERVIEW**

#### Challenge yourself to help improve the lives of young people

#### EVENT

The Operation Flinders City to Summit fundraiser on Friday 29 September will take you on both a physical and emotional journey, as you and your team trek from the City to Mt Lofty and beyond, one step at a time.

This trek will be inspiring, insightful and challenging, all with the goal to raise funds for the young people who benefit from Operation Flinders program.

Walk the 20kms with your own team of 10, participate on your own, or with some friends and we will buddy you up with other solo trekkers making your full contingent. You will be joined by your own Operation Flinders Team Leader as they share their stories, experiences with the Foundation and lead, motivate and challenge you.

#### AT WOODHOUSE

Once you reach Woodhouse, you and your team will walk through the archway and celebrate your achievement.

We welcome you to a warm meal and celebration drinks as you get to know the volunteers of Operation Flinders. You will then hear from a guest speaker who will inspire you!

Once the formalities are complete, buses will take you back to Adelaide and return you to the CBD.



Leaving the heart of the City in the morning, and navigating your way through the suburbs of Adelaide, you will experience the DNA of Operation Flinders with engaging characters and insight all whilst being inspired by the stories and lives of some of our young participants.

Designated tracks will take you up into the Adelaide Hills, challenging you through the last 10kms of beautiful scenery as you and your team mates encourage each other to 'push through' and reach the end of your trekking destination – together!





### WHERE YOU WILL GO

Starting in the CBD, you will head east through suburbia. You will come across different activities along the way as you head for the hills!

Your Team Leader will navigate you through the Adelaide Hills and you will be challenged up some steep climbs. Upon reaching the Mt Lofty Summit, you will have a moment to catch your breathe, and enjoy the views before descending to the Woodhouse Activity Centre.

You will move in teams of 10, so make sure your colleagues, friends and family join in!







### **ARRIVING AT WOODHOUSE**

You will be in for an action packed day and evening of activity.



The enclosed hall will provide shelter for you as you enjoy your hearty meal.



You will hear from guest speakers whilst you wind down after dinner.



All participants of the event will commute via a bus back to Adelaide. You will dropped off at Victoria Square.







# **REGISTER & FUNDRAISE**

#### REGISTER

Full group of 10

If you want to gather those in your workplace together and challenge yourselves to City to Summit, you can register a whole team of 10 people!

Click the link to register a team and add people to it!

Standard \$1,300

#### Individual

If you want to register yourself for the event or join now and then add yourself to join your colleagues, click the link below.

If you choose to participate alone, we will place you in a group with others, so you will make up a total of 10 for your team.

Once you have registered, set your fundraising goal. Why not challenge yourself to \$1,000, \$2,000 or more!

Standard \$130

#### **FUNDRAISE**

Fundraising at least \$1000

To take part in City to Summit, the expectation is that you raise at least \$1,000 per person. The funds raised will go directly into the Operation Flinders program and assisting to transform the lives of young people.

There are ways you can boost your fundraising by:



Carrying a 15kg pack



Carrying a 20kg pack



### WHERE THE FUNDS GO







\$150 A pair of boots

When participants arrive on our program, they are provided with a necktube to help keep them warm and for hygiene purposes.

Some young people do not have suitable shoes to withstand the harsh terrain of Yankaninna Station. A donation of \$150 will mean one young person will have a quality pair of boots to complete the program!





Teenagers can eat a lot of food when they're on our program. That's what you need when you walk up to 15km per day over rugged terrain! Pay for food for one day for 10 young people.



\$500 Emergency wet weather apparel

The weather in the northern Flinders Ranges can turn very quickly - provide emergency wet weather gear for 10 young people.



\$1000 Barista training for 20 young people

When our young people complete the core program, we work with them to achieve goals which will help their future. Support 20 young people achieve their barista training certificate.





# TIMING

#### CHECK-IN

Friday 29 September check-in will open at 9:00am at Hilton Adelaide

### START

The event will start at 10:00am with a Welcome to Country followed departure from the CBD.

#### ARRIVAL AT WOODHOUSE

The walking part of the event will take approximately 7-8 hours.

#### **DEPART WOODHOUSE**

All participants will depart Woodhouse at approximately 8:15pm.



